



**LEOMINSTER RECREATION DEPARTMENT
2009 Summer Brochure**

GENERAL INFORMATION

Welcome to our spring and summer programs! The activities for the upcoming season have been expanded to meet the ever-growing needs of our community through the use of additional facilities, which will help us select suitable programs for the entire family. *We have implemented a nut free, latex free policy for all programs as many of our children have severe allergies; therefore to ensure safety and comfort for all, we cannot allow any type of nuts and latex within the programs.* It is our goal to offer quality recreation activities for all ages. These activities provide for a cooperative endeavor between the Leominster Recreation Department, the School Department, the Public Library, and the City of Leominster.

OFFICE

Recreation Department Phone **978 534-7529**
Recreation Department Fax **978 534- 7549**

EMAIL/WEBSITE

E-mail: jsumner@leominster-ma.gov
 Website: www.Leominster-ma.gov

Judith Sumner	Director
Roland LaPointe, Jr.	Maintenance Supervisor
Lisa Comeau	Administrative Assistant
Annmarie Sargent	Program Coordinator
Carrie Boyden	Program Assistant Coordinator
Caryl L'Ecuyer	Program Assistant Coordinator

The Leominster Recreation Department reserves the right to correct any mistakes in this brochure at the time of print. We also reserve the right to cancel any program because of low enrollment, poor weather, etc

<u>RECREATION COMMISSIONERS</u>		
Lionel (Sonny) Charpentier, Chair		
Maureen Donatelly, Vice Chair		
Jeff O'Neill Thomas Bissonnette		
John Ciccolini	Patricia Caisse	Jodie Dube

MISSION STATEMENT

The Leominster Recreation Department's mission is to provide a wide variety of recreational programs and opportunities that are cost effective and that enhance the quality of life for Leominster youth and adult residents. The Recreation Department also oversees city owned property used for recreational activities while providing maintenance on 103 acres.

The Department strives to identify and deliver, on a timely basis, programs and activities that the citizens of Leominster desire and/or request.

Lastly, the Department commits itself to providing to the community, safe, clean facilities and equipment

REGISTRATION INFORMATION

Walk-in registrations begin on April 21, 2009. Our hours are Monday – Friday, 8:30 a.m. - 4:00 p.m., and Thursday until 5:30 p.m. Registrations are done on a first come first served basis with priority given to Leominster residents. The Recreation Department reserves the right to cap the registrations for any program based on availability of personnel, facilities, or any other factors affecting the programs. **All registrations are *NON-REFUNDABLE.** We will also be holding a registration day on Saturday, May 30th from 9:00 a.m. – 3:00 p.m. at the Leominster Recreation Department at 40 Barrett Parkway

MAIL IN REGISTRATION

Leominster Recreation Department
25 West Street, City Hall
Leominster, MA 01453

**ALL registrations are non-refundable unless:*

- 1. The Recreation Department cancels a program.**
- 2. You mailed in a registration and no openings exist.**
- 3. *You request to withdraw from a program in sufficient time that a replacement can be found and no costs have been incurred because of you.**

**A 30% handling fee will be charged if a refund becomes necessary. Please make note of this important policy.*

REGISTRATION POLICIES- Read Carefully

- Registration is done on a first- come, first serve basis, with priority given to Leominster residents. The Recreation Department reserves the right to cap the registrations for any program based on availability of personnel and facilities or any other factors affecting the programs.
- **Non-residents wishing to register** for a non-trip program will be allowed only if space permits, with *a \$5.00 increase in fee*. Non-residents will be placed on a waiting list and notified when space becomes available.
- For a trip program, a deadline will be set for six (6) weeks prior to the scheduled trip for residents to have priority over non-residents. After the deadline, registrations will then be open to everyone for one week. If the trip is not filled to capacity, it may be cancelled at that point and all money will be refunded. It is important to register early to ensure that a trip will take off.
- If registration is received by mail and there are no openings in that program, you will be put on a waiting list and contacted by phone. We will return your checks if no openings arise.

There is a \$25 service charge for all returned checks.

MEDICAL POLICY

The City of Leominster Recreation Department will not prohibit any person's participation in an activity due to a medical condition or handicap, unless such condition is likely to cause injury to those individuals or other participants in that activity. A participant, who has been notified by a qualified medical professional, that he/she has a medical condition that is likely to cause injury to themselves or other participants, is obligated to inform the Leominster Recreation Department. This should be done at the time of registration and willingly withdraw from the program and/or activity if requested by the Department. You must also sign a release form for any activity you may be participating in and release the Recreation Department from any responsibility if an accident were to occur.

•ALL PROGRAMS ARE NUT FREE / LATEX FREE•

FACILITY LOCATIONS

Doyle Field	206 Priest Street	Southeast School	95 Viscoloid Ave.
Barrett Park	40 Barrett Parkway	Priest St. School	115 Priest Street
Arthur A. Fournier Park	525 Litchfield Street	Bennett School	145 Pleasant Street
Prospect Park	321 Prospect St.	Leominster High School	122 Granite Street
Carter Park	125 Main Street	Carter Jr. High Field	261 West Street
Third Street Playground	163 Third Street	Lassie League Fields	20 Bassett Street
Johnson Street Playground	95 Viscoloid Ave	Bachand Little League Field	140 -12 th Street
Johnny Appleseed School	845 Main Street	National Little League	45 Sterns Ave
Fallbrook School	25 DeCicco Dr.	Justin DeSantis Little League	40 Bernice Street
Northwest School	45 Sterns Ave.	Leominster State Pool	111 Viscoloid Ave
Samoset School	100 DeCicco Dr	Sky View Middle School	500 Kennedy Way

MISCELLANEOUS YOUTH PROGRAMS

FIELD HOCKEY LEAGUE

The last three years, Fast Break Summer field hockey has had great success. The league is set to begin on Tuesday, July 7th and run through August 13th with playoffs to be held August 18^h, 29th, and 20th. For more information, please contact the Leominster Recreation Department if you have a team to enter or for more information. The cost for the league is \$600 per team. This payment is due before your first game, with one check only made out to the Leominster Recreation Department. We hope you can join us.

5th ANNUAL MEMORIAL MARK OSOWSKI BASKETBALL INSTRUCTION

The fifth annual memorial event in honor of Mark Osowski will take place again this summer. A donation will be made to the Mark Osowski Scholarship program for a senior graduating high school going on furthering their basketball career. The program will carry on the tradition that Mark set it up to be by providing children an opportunity to develop new skills, continue improving on current skills, and learn more about the game. The program will run for a full day under the direction of Mark Daignault and local high school and college athletes. Sign up today for fantastic basketball program!

DATES: August 10th – 14st **SITE:** LHS

TIME: 9:00 a.m.-3:00 p.m. **DAYS:** Mon – Fri

COST: \$100 per person **AGE:** 8 and up

BOYS LACROSSE PROGRAM

Leominster High School coach Colin Davis will bring an exciting lacrosse program to area youth. It is an opportunity to learn the basic fundamentals, skills, rules of the game, teamwork, and more. There will be fun activities and more through-out the week, incorporating the specific skills and drills taught in the program.

DATES: August 3-7, 2009

SITE: LHS backfield **TIME:** 9:00 a.m. - 1:00 p.m.

AGES: 8 and up **COST:** \$55 /week

GIRLS LACROSSE PROGRAM

Leominster High School's Leah Cloutier will bring an exciting girls lacrosse program to area youth. It is an opportunity to learn the basic fundamentals, skills, rules of the game, teamwork, and more. There will be fun activities and more through-out the week, incorporating the specific skills and drills taught in the program.

DATES: August 10-14, 2009

SITE: LHS backfield TIME: 8:00 a.m. - 12:00 p.m.

AGES: 10 and up COST: \$55 /week

TENNIS INSTRUCTION

Amanda Wheeler, LHS tennis star and coach through the Nike Tennis program at Amherst College will continue our tennis instructional program this year. We are excited to have Amanda join us with her tennis expertise. Lessons are designed to prepare the advanced player and introduce skills to beginner players. Children will learn forehand, backhand, how to serve, and rules of the game. *Rackets are not provided.*

DAYS: Mon. – Fri. COST: \$50.00 per session

SITE: Doyle Field Tennis Courts

Session I:	June 29 – July 10, 2009
	8:30 – 10:00 Beginners
	10:30 – 12:00 Intermediates
Session II:	July 13 – July 24, 2009
	8:30 – 10:00 Beginners
	10:30 – 12:00 Intermediate
Session III:	July 27 – Aug. 7, 2009
	8:30 – 10:00 Intermediate

LEOMINSTER RECREATION DEPT & LEOMINSTER POPWARNER FOOTBALL

2009 Summer Flag Football League

Leominster Pop Warner Flag Football League is a "non-contact" developmental flag football league with 3 divisions. Divisions are: (Red 7-9Yrs), (White 10-12yrs), and (Blue 13-14 yrs). 6 weeks of ½ hour instruction followed by 1 hr games will be held on Saturdays or Sundays beginning June 20 thru July 26. No games will be played 4th of July weekend. The League is hosted by LPWFL and the Leominster Recreation Department. Notes: If you are 7-14 years of age and would enjoy a full activity with lots of emphasis on fun and learning a few football fundamentals, then please consider joining us for the 2009 season of the Leominster Pop Warner Football and Leominster Recreation Department Youth Flag Football League! Fun, exercise and learning the basics of football will be emphasized. Boys and girls are welcome as players. The location TBD.

COST: \$20 per child.

ARCHERY PROGRAM

Planning for an archery program is underway in conjunction with the Leominster Sportsman's Association. Interested youth participants should call the Leominster Recreation Department for information on dates, time, cost, etc. and to place your name on the list. We really hope to get this off the ground!

JUNIOR GOLF PROGRAM

Lancaster Golf Center will offer a 5 session program with their Teaching Professionals providing Junior golfers with quality instruction in a relaxed and fun setting. (The maximum number of children participating will be 36 to ensure a 6 to 1 "student to instructor" ratio.) This program is not just a summer babysitting service that also includes some golf. Our instructors take great pride in introducing the golf game to new young golfers and improving the game of junior golfers who have some previous experience. Key aspects of the golf swing will be taught along with course etiquette and basic rules understanding. Groups will be organized to be age compatible. The program is open to girls and boys. Clubs will be provided if needed. Each student receives a FREE 20 oz. soda during break time each day. The final day will be a 3 hour program which will include playing a supervised round of golf on our 9 Hole Par 3 "Links" course followed by a barbeque lunch on the club-house deck and an Ice Cream Cone from our Ice Cream Stand.

DATES: July 7, 14, 21, 28, Aug. 4

DAYS: Tuesdays TIME: 9:30. – 11:30 a.m. AGES: 8-15 COST: \$81.00 per person

PLACE: Lancaster Golf Center

ROBOTICS CONSTRUCTION WORKSHOP

This program will consist of building two different robots. The first will be an introductory robot to help get the participants comfortable with the techniques and an opportunity to race their Turbo 3000 against each other. Rule the road with the Turbo 3000! The Turbo 3000 explores propulsion principles and includes mini-construction projects that teach the basic principals of electricity and solar energy (optional item sold separately). Put the pedal to the metal and be amazed with this lightning fast speedster. You'll be blown away by its serious air propeller and its direct motor drive for speed - or by its power/torque when down shifting. The solar panel (sold separately) is juiced with a 1.4V, 350 ma source of pure power.

The second robot which is a little more advanced is the "Kabuto-Mushi." This robot is an infrared remote controlled robot with caterpillar traction. The infrared remote control handset has 8 channels, each channel controls 4 motors: 2 motors control directional movement: forward, backward, left and right; one motor regulates the elevating position of the claw; lastly, the 4th motor operates the open and close dimension of the claw. Incumbent of its Japanese name "Kabuto Mushi", the Rhinoceros Beetle is tough, durable, powerful, and has the no fear attitude. This will be a fun and informative building session.

DATES: Wednesday July 22, & Thursday, July 23

AGES: 10 and up SITE: Leominster High

TIME: 9:00 a.m. – 4:00 p.m. (Bring own lunch)

COST: \$100 per child LIMIT 20

POTTERY PROGRAM FOR KIDS

We are very excited to have Mrs. Jennifer Connell, back again for another summer! Jen Connell is a certified K-12 art teacher currently teaching in Fitchburg during the school year, and for the Leominster Recreation department during the summer. Students participating in the Leominster summer program have enjoyed pottery classes with Jen for the past two summers. She will be offering a pottery class for ages 11 and 14. Participants will be exposed to the wheel, hand-building / sculpturing, glazing and other pottery making techniques such as coil, slab, pinch and wheel throwing. Students will create at least one piece using each technique and complete the piece by glazing or painting. No prior ceramics experience is required. It was such a success last year so sign today!

DATE: July 6–August 6 (Tuesdays and Thursdays)

AGES: 11-14 SITE: Barrett Park

TIME: 1:00 p.m. - 3:00 p.m. COST: \$60/participant

***BABYSITTING COURSE – Red Cross Program**

Are you interested in becoming a certified babysitter? We are very fortunate once again to be working with the Red Cross to run this wonderful program. You will learn how to handle certain situations, develop emergency procedures, and provide activities to children. You will be required to attend the entire session of training to receive a certification card from the Red Cross stating you successfully completed the course. **(Limited to 10.)**

SESSION I: May 9th **SESSION II:** June 6th

TIME: 9:00 a.m. – 3:30 p.m.

PLACE: Red Cross Building downtown

AGES: 11 – 15 **COST:** \$60.00 per person



COOKING CLASS WITH LATV's "TINA COOKS"

Christine Piermarini, "Tina Cooks", will offer cooking instruction for ages 8-12. Learn basics of cooking and recipes while cooking up some delicious food over a 6 week period. This is a great way to introduce children to cooking. To ensure safety within the kitchen and quality instruction, **each class is limited to 12 children** and because the program has filled up quickly in the past, early registration is recommended. ***You can register for separate classes at Leominster Recreation Department.**

DATES: July 8, 15, 22, 29, August 5, 12 2009

DAYS: Wednesdays **AGES:** 8 -12

CLASS 1: 10:30-12:00

SITE: Skyview School **COST:** \$20 per class

FISHING DERBY

Join us for our annual fishing derby for youths' ages 14 and younger; children under 12 years of age must be accompanied by an adult. Refreshments and bait will be available for purchase. Please bring a bucket for fish caught and a bait container. There is a three trout limit The derby is sponsored by the Leominster Recreation Department, local businesses and contractors, and The Massachusetts Division of Fisheries and Wildlife. A great weekend activity! Prizes awarded at 11:15 a.m.

TENTATIVE DATE: Saturday, April 18, 2009

SITE: Barrett Park Pond **AGES:** 14 and under

TIME: 7:00 a.m. – 11:00 a.m. **COST:** Free entrance; Refreshments and bait available for purchase

SUMMER STROLL -DOWNTOWN LEOMINSTER

Please join the City of Leominster in the annual Summer Stroll! It is a day of fun, excitement, and lots of great activities as we kick off the summer spirit as a community!!! See you there!

DATE: Saturday, June 27, 2009 **AGES:** Everyone

SITE: Downtown Leominster **TIME:** 2:00 – 6:00 pm

Raindate- Sunday, June 28, 2009

ART IN THE PARK AT THE SUMMER STROLL

Calling all artists and art lovers! Come one; come all for our great outdoor art festival of the year, "Art in the Park." The Recreation Department is sponsoring a great finale of the year for artists to show and sell their art. Set-up starts at noon. Artists willing to do demonstrations on this day are welcomed too. If interested please notify the Rec. Dept. office at 978-534-7529 to reserve your space today. It is first come, first serve for prime viewing. Cost to display and sell art is \$10.00 with no commission charge. Please bring your own tables and supports.

DATE: Saturday, June 27, 2009 **SITE:** Downtown **TIME:** 2:00 – 6:00 p.m. **COST:** 10'x10' space Free – Donations to the Program Scholarship Fund greatly appreciated. **Raindate- Sunday, June 28, 2009**

The Pan Mass Challenge for Kids

PMC Kids Rides became an official PMC program in 2005 as a way to include young cyclists in the Pan-Massachusetts Challenge mission – raising money for cancer research and treatment at Dana-Farber Cancer Institute through its Jimmy Fund cancer.

DATE: Sunday, May 17, 2009

TIME: 2:00 pm **SITE:** Downtown Leominster

AGES: 8 -12 **RAIN or SHINE EVENT**

Registration at 1:00 in City Hall Parking Lot

The program engages youth in philanthropy, instills the value of working for the benefit of others, and promotes athletic fitness and physical activity. These rides enable children between the ages of 3 and 15 to ride their bikes and solicit sponsors to donate money to research

HERSHEY TRACK AND FIELD

Area youth boys and girls have an opportunity to participate and compete in track and field events, similar to those in the Olympics. Track events include the 50, 100, 200, 400 meter dash, the 800 and 1600 meter run, and the 4 x 100 relay. Field events include the softball throw and standing long jump. Results are sent to the Massachusetts State Hershey Track and Field coordinator; where they determine top regional winners that will go on to compete at state finals. The program has been a great success every year. You must bring a copy of your birth certificate with you when you register. Youth in surrounding communities are encouraged to participate.

LOCAL MEET DATE: Thursday, June 4, 2009

LOCATION: Doyle Field Track

TIME: 5:15 p.m. registration, 6:00 p.m. start

AGES: 9 – 14 **COST:** Free



Massachusetts State Meet Information:

The Leominster Recreation Dept. will host the state meet on Saturday, June 27, 2009 at Nashoba Regional High School in Bolton, MA.

HAUNTED TRAIL

The Leominster Recreation Department will reenact a haunted trail at Barrett Park. You may even find out more than you wanted to know. If you like the idea of Halloween in general and being spooked then don't miss out!

DATES: Friday, October 16 and Saturday, October 17

TIME: 7:00 p.m. – 10:00 p.m. **COST:** TBD

HALLOWEEN PARADE

Once again, join us for a Halloween festival with tricks, treats, a parade and more! Dress in your favorite costume as we parade through downtown, trick or treat to local businesses, and end with a variety of activities for the kids. It is a traditionally safe way to celebrate the day.

DATE: Saturday, October 17, 2009

TIME: 1:30 p.m. - location TBD

SITE: Downtown Leominster

A variety of activities will take place in downtown area sponsored by the downtown merchants and the Leominster Recreation Department.

***NEW* MINI HAWKS AND TINY HAWKS**

These are two new programs the Recreation Department is proud to be offering this summer. The Leominster Recreation Department will be using the Skyhawks to offer these programs to children ages 3-4 for the Tiny Hawks and children ages 5 –6 for the Mini Hawk program. In these programs children will be introduced to soccer, basketball and baseball. They will learn basic skills associated with the sport. The Tiny Hawks program will run for 45 minutes for 1 week and the Mini Hawks will run for one hour for one week. Don't miss out!

DATES: July 20 – July 24

TIMES: Tiny Hawks 9:00 – 9:45 a.m.
Mini Hawks 10:00 – 11:00 a.m.

LOCATION: Barrett Park **COST:** TBD

Rainsite- Northwest School gymnasium

AGES: Tiny Hawks 3-4 year olds
Mini Hawks 5-6 year olds

***NEW* Junior Conservation Exploration**

This program is a unique outdoor experience offering a balanced program of conservation education and instruction in outdoor recreation activities. The program introduces young people to the ethical concepts and knowledge essential to a lifetime of properly enjoying our natural resources and the leisure activities that depend on their careful stewardship. Conservation subjects taught include Fish & Pond Life, Forestry, Soil Conservation, and Wildlife Management. Outdoor skills taught include Archery, Basic Camping, Fly & Spin Casting, and Orienteering. These courses are lead by experts in their field. Our program is unique in that it is focused on conservation education. If you like the outdoors this program is for you. It is in its 2nd year and the participants and leaders enjoyed themselves last year. There will be small field trips. Please pack a lunch and dress appropriately as you will be walking and going out in the rain.

DATES: August 17- 21 **DAYS:** Monday –Friday

GRADE (JUST COMPLETED): 4th – 6th **TIME:** 8-4

SITE: Barrett Park **COST:** \$75 per class

SWIM LESSONS

Red Cross swim lessons will once again be offered by the Leominster Recreation Department at the State Pool at 111 Viscoloid Ave. Certified water safety instructors will provide these classes and certificates will be given at the completion of each session. Learn to Swim Class descriptions are given below. Classes will be held Monday – Friday for two weeks and there will be three different sessions to choose from. See dates and times below.

“Learn-to-Swim teaches people to swim and to be safe in, on and around the water.”
(www.redcross.org)

Level 1

Introduction to Water Skills: helps students feel comfortable in the water and to enjoy the water safely.

Level 2

Fundamental Aquatic Skills: gives students success with fundamental skills.

Level 3

Stroke Development: builds on the skills in Level 2 by providing additional guided practice.

Level 4

Stroke Improvement: develops confidence in the strokes learned and to improve other aquatic skills.

Level 5

Stroke Refinement: provides further coordination and refinement of strokes.

Level 6

Swimming and Skill Proficiency: refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances.

REGISTRATION TO BEGIN:

Saturday, May 30, 2009 from 9 a.m. – 3 p.m., at Barrett Park

DATES: June 29 – July 10 Session I
July 13 – July 24 Session II
July 27 – August 7 Session III

COST: \$45.00 per session **PLACE:** Pool on Viscoloid Ave

TIMES Vary according to level: 9:00 a.m. – 12:00 p.m.

REGISTRATION: At the State Pool after June 14th

SWIM PROGRAMS

We are very excited and enthusiastic to announce that we will continue running the pool located at 111 Viscoloid Ave in Leominster, MA in conjunction with the Department of Conservation and Recreation, Division of State Parks and Recreation. We will officially open on June 21st and close for the season on August 15, 2009. We are offering the residents of Leominster a variety of water activities for all ages. Such activities will include swim lessons, family passes, water aerobics, and possibly even a swim team. We will have Red-Cross certified lifeguards on site at all times.

POOL HOURS

Daily- 12:00 – 6:00 p.m. Sunday - Saturday

Family swim will be 6:00- 7:00 p.m. weeknights.

Swim Lessons will be Mon- Fri 9:00 a.m.- Noon

Class schedules available at the state pool during pool hours.

FEES

Daily Swim-\$3.00 resident Out of State: \$5.00 fee

Family Season Pass: \$50.00 for family up to five (additional \$5.00 per family member above 5)

Swim Lesson: \$45.00 per session (Red Cross Cards will be given at the end of each session)

Senior Citizens - \$20.00 for Season Pass

Individual rates: Daily \$3.00, Season Pass \$22.50

GROUP RATES

We will take groups of twenty-five or more if registered one week in advance for a discounted price. Call with group numbers and a price will be quoted according to group size and hours.

FAMILY SWIM PASS

We will once again offer family passes for swimming. The cost is \$50.00 for a family of five for the season and an additional \$5.00 per family member will be charged for additional family members over 5. Family passes cannot be used to drop children off for the day without adult supervision. *Financial assistance "Funded by City of Leominster/CDBG Program or US Dept. of HUD is available for pool passes*

An adult must accompany children 16 years and younger.

Swim Team at Leominster State Pool

The Leominster Recreation Department will be offering a swim team this summer at the Leominster State Pool. There will be meets both at the Leominster State pool and at other local pools in the area. The Coach for the Leominster team will be Karri Legault, Manager of the Pool. Karri was also a swimmer throughout her life where she had the opportunity to try out for the Olympics. If interested please register at the pool or call the Leominster Recreation Department for more information

Adult Water Aerobics

Adult water aerobics is designed to give participants a fun workout while relaxing in the water. The classes will take place at the City of Leominster State Pool. Participants should bring a bottle of water. A changing room is available on site with showers.

SESSION July 14 – Aug 6, 2009

DAYS: Tues. and Thurs. **TIME:** 11:00 a.m. – 12 noon

PLACE: Leominster State Pool **COST:** \$40

***NEW* Story Walks- Free Family Fun!**

The Leominster Recreation Department and the Leominster Public Library will be working together to offer a story walk at Barrett Park this summer. Contact the Recreation Department for the details. Story walks are a great family activity that encourages reading while providing time outdoors in nature and a fun physical activity while spending time together. You can Google Story Walks to learn more about this great activity

A CHILDREN'S HIKING CLUB IS IN THE WORKS! IF YOU ARE INTERESTED, PLEASE CALL THE RECREATION DEPARTMENT TO ADD YOUR CHILD'S NAME TO THE LIST. IF THERE IS ENOUGH INTEREST, WE WILL RUN IT!!

The Women's Hiking Series

The Women's Hiking Series, led by members of the Leominster Recreation Department and the Leominster Land Trust Trails Committee in conjunction with Leominster Conservation Commission, offers hikes for women through Leominster's Monoosnoc Hills once a month. Additional hikes may also be offered at various times of the year. (Call 978-534-7529 for monthly updates and meeting points.) Hikers should wear hiking boots; bring water to drink, a light snack, binoculars, and bug repellent.

DAYS: Leominster Hikes are held the 2nd Thursday of every month with additional hikes scheduled on various dates

TIME: 9:00 a.m. until approximately noon

COST: Free (unless noted) -*Hikers gather informally and hike at your own risk*

Please let us know if you are planning on joining us on each hike so we can notify you of any changes in the schedule. Please watch the local newspaper or call the Recreation Department at 978-534-7529 for an update on the hiking schedule.

Cancellations: Hikes are canceled if it rains. Call the Recreation Department office for update.

April 9- *Mount Watatic in Ashburnham & Ashby*

Meet at Barrett Park at we carpool to Ashburnham to see the spectacular views on the top of Mount Watatic

May 14th- *Doyle Conservation Center*

Meet in the Parking lot of The Doyle Conservation Center, 325 Abbott Avenue, to explore this beautiful property owned by The Trustees of Reservations.

- June 11th**– *Erving State Park* (Bring lunch & bathing suit for swimming) Meet at Barrett Park in Leominster to car pool
- July 9th** - *Elm Street* to the granite quarry with a stop at the South Monoosnoc overlook and back to Elm Street
Meet at the Power lines on Elm Street at 9:00 a.m.
- Aug. 13th**– *Mary Albertson Trail on Elm Street* (just above Richard’s Kennels) to check out the bridge over Quarter Mile Brook constructed by members of the Leominster Land Trust and the Recreation Dept. Meet at Barrett Park to take the van or carpool.
- Sept. 10th**- *West Street to Exchange Street*
Hike from West to Granite the Street trail parking lot to the beech forest and down to the distributing reservoir.
Meet at the end of West Street at the trail parking lot at 9:00 a.m.
- October 8th** *Wapack trail in NH*- Hike a section of the trail in New Ipswich NH (bring a lunch and enjoy the fall foliage views)
Meet at Barrett Park in Leominster to car pool

2008 OUTDOOR EVENTS

The Leominster Land Trust and the Leominster Recreation Department are co-partnering in offering hikes and trail work days for the 2009 calendar year. Additional events may be offered at various times.

COST: Free (unless noted)

Hikers gather informally and hike at your own risk.

Please let us know if you are planning on joining us on each hike so we can notify you of any changes in the schedule by calling the Recreation Department at 978-534-7529 weekdays or Deanne Comeau at 978-537-3018. Hikes are cancelled if it rains.

We recommend that hikers wear proper hiking gear, bring water, a flashlight or headlight for moonlight hikes, take a lunch or snack, wear sunscreen and insect repellent.

Sunday, April 19th -Mass. Audubon's Eagle Lake Sanctuary in Holden Join us as we hike the three mile loop trail. Mammoth red oaks, home to pileated woodpeckers and pleasant overlooks of the lake. Meet at Barrett Park parking lot at noon to car pool.

Sunday, May 17th - Wachusett Reservoir

Kelley Freda Environmental analyst for MDC Water Supply Protection and chairperson of the Leominster Conservation Commission will lead a family hike at the Wachusett Reservoir exploring some of the trails that lead to the Clinton Dam. She will also speak about the construction of the reservoir and the dam. Hikers meet at Barrett Park at noon- carry water, a snack. To RSVP or to get more information call the Recreation Dept. at 978-534-7529 or 978-5373018.

Saturday June 20th -Monoosnoc trail from Samoset School to Sholan Farms and then to Wachusett Street.

Meet at the Samoset School Parking lot near the upper soccer fields on DeCicco Drive at 1:00 p.m.

Saturday, July 11th –Barrett Park

Explore the trails on Gardner Hill and along the waterfall up to Elm Street and back. Meet at Barrett Park at 9:00 a.m.

Saturday and Sunday, August 15 & 16 -Great Northern Tier Geocaching and Letterboxing Tournament

Join the fun as you search for letterboxes with the clues or geocaches with the GPS coordinates. The event starts at 9:00 a.m. on Saturday at the Doyle Conservation Center, 464 Abbott Ave. Instructions on geocaching and letter-boxing will be given at the beginning of the tournament. There will be a small fee charged to cover the cost of the event.

Saturday, September 26th - Hike the entire Monoosnoc Trail- 11 Miles

Meet at Samoset School at 9:00 a.m. and trek through to Sholan Farm, to Wachusett Street, through to Elm Street, eat lunch on the South Monoosnoc Overlook (should be beautiful foliage at this time) and on to West Street. Wear proper hiking gear, take water, lunch, insect repellent and (camera and binoculars might be fun.)

Trail workdays are held every other Saturday morning from 8:00 until noon. Volunteers are to meet at the Doyle Conservation Center, 464 Abbott Ave. If you are available to help with cleaning up the trail debris from the ice storm on Saturday's, please call The Trustees of Reservations at (978)-840-4446 ext. 1900. Teams go out in groups of five or six. It's a lot of fun and you get some exercise. Volunteers should dress comfortable and bring water, a snack, pruning saws and loppers.

ADULT PROGRAMS

ADULT POTTERY

Jen Connell is a certified K-12 art teacher currently teaching in Fitchburg during the school year, and for the Leominster Recreation department during the summer. Students participating in the Leominster summer program have enjoyed pottery classes with Jen for the past two summers. This is a beginner's pottery class for adults who would like to learn hand building and wheel thrown pottery techniques. Learn the meditative art of creating pottery on the wheel, or dust off those pottery skills that you haven't used for so long. Make cups, bowls, vases, candleholders, plates, or whatever you desire. Pottery is such a therapeutic art form that many find very relaxing and enjoyable. No prior experience necessary, as long as you don't mind getting a little dirty!

DATES: July 7, 14, 21, 28, August 4, 11

SITE: Barrett Park
\$80.00

NIGHTS: Tuesdays

TIME: 6:00 – 8:00 p.m.

COST:

ADULT EXERCISE PROGRAM

Lauren Casavant, certified instructor will instruct an adult exercise program at Fallbrook School. The program is designed to give participants a fun workout to music for a great aerobic workout. Classes will include aerobics, hand weights, interval training, and more. Participants are encouraged to bring a bottle of water, weights, and an exercise mat or towel for floor exercises.

Session III: Six Weeks **Cost: \$60**

Begins April 28 – June 4, 2009

SITE: Fallbrook School Café (Gym if available)

NIGHTS: Tuesdays and Thursdays

TIME: 6:30 – 7:30 p.m.

REGISTER: Register at the Recreation Department office, Barrett Park or mail a completed registration form with payment. The instructor will also accept registrations on the first night of class at the gym.

SUMMER DAILY DAY PROGRAMS

Financial assistance for the summer playground program is funded through the City of Leominster /CDBG Program or US Dept. of HUD. Assistance is available for summer full day playground programs. Financial assistance application forms for income eligible residents are available at the Recreation Department. (TAX INFORMATION REQUIRED.)

•ALL PROGRAMS ARE NUT FREE / LATEX FREE•

We are excited to share with you the many changes we have implemented into our day programs for summer 2009. All of our *day programs will run from 9 a.m. – 3 p.m. with the extended day option in the morning and afternoon for an additional fee.* Locations for these programs have changed too. Please read each program description carefully to decide which program will best suit your child's needs. Our goal is to provide simplicity, flexibility, and safety for all our participants.

OPEN HOUSE FOR DAY PROGRAM PARTICIPANTS AND PARENTS

Please join us on Wednesday, June 24, 6:30 -7:30 p.m. at **Northwest School** for our Summer Day Program Open House. You will have an opportunity to meet some of the staff, learn about pick up and drop off procedures, see the sites where your child will be for the day, etc.

****Family Reduction Rate for Day Programs Only**


We have also implemented a family reduction rate; we will take five dollars off each additional immediate family member. For example, if you have three children- child 1: \$60, child 2: \$55 and child 3: \$50. This is just an example and depending on the programs listed on this page, it will vary per program cost.

EXTENDED DAY PROGRAM

Extended day is offered to any child needing extended day hours between the ages of 2.9-12, which includes pre-school too. **Extended day will be offered in the morning from 7:30 a.m. – 9:00 a.m. and afternoon from 3:00 p.m. – 5:30 p.m.** Registration and payment is required and must be done 24 hours in advance. We must meet staff to camper ratio. Please note: we do not do credits.

COST: \$5 per child/ per day/per extended day morning/ extended afternoon in addition to weekly fees. If you sign up for extended for both morning and afternoon on the same day, reduced rate applies, \$8 per child/per day.

Please note: we strive to provide a safe environment for all participants; therefore it is very important to note that we are a nut-free and latex free program.

 **Lunches/snacks with any nuts (i.e.) peanut butter sandwiches are not allowed.**

Financial assistance application forms for income eligible residents are available at the Recreation Department. (TAX INFORMATION REQUIRED.)

• **Sign In/Out Policy and Pick-Up Procedure** •

A mandatory sign in, sign out policy, where parents/ guardians must physically sign their child in and out with a staff member. Our pick up procedure that was implemented last year will continue again, where we bring your child to the car at dismissal; you never have to leave the car. A packet will be provided at registration with a full explanation and will be addressed at our Open House on June 24, 2009 at **Northwest School**.

TUMBLING TOTS- PRESCHOOL PROGRAM

Tumbling Tot Preschool is back! This program is designed for ages 2.9-5. (All preschoolers must be potty trained.) We split groups into appropriate age levels to meet individual needs of the children. The children will interact with other children giving them a social experience and will take part in activities that include arts & crafts, sports, drama, reading, playtime, and more, giving them an educational experience too. Although the fee has increased, it is an all inclusive rate; therefore we will not be collecting money for entertainers, workshops, etc. We will have theme days with related activities, performers, and entertainers.

DATES: Mon., July 6, - Aug., 14, 2009

TIME: 9:00 a.m. – 3:00 p.m. AGES: 2.9 - 5

SITE: Northwest School COST: \$75/person/ wk or \$20/day

PEE-WEE / JUNIOR PLAYGROUND PROGRAM

Our new Playground Program has been modified into two groups. We will be offering a Pee-Wee Playground which is designed for children ages' 6 and 7 and a Junior Playground for children ages' 8 and 9. Both of these groups will take part in a variety of activities such as arts & crafts, drama, singing, athletics, reading, and some educational programs, but be grouped by ages allowing activities to be better designed and age appropriate. Children will rotate through various activities throughout the day in their Pee-Wee groups or Junior groups. We will also continue to bring new and exciting programs to the children who attend this program. Various activities will be pre-planned, while others will be optional for participants to choose from. Activities are subject to change without notice. A variety of entertainers will be brought in each week in lieu of field trips to ensure the utmost safety and care. All payments must be paid in full *before* a child can attend the program. It is an all inclusive rate; therefore we will not be collecting money for entertainers, workshops, or the pool. Pizza/Subway days are excluded. We look forward to a fun-filled summer!!

DATES: Mon., July 6, - August, 14, 2009

PEE-WEE PLAYGROUND: 6 – 7 years old

JUNIOR PLAYGROUND: 8 – 9 years old

TIME: 9:00 a.m. -3:00 p.m. SITE: Northwest School

COST: *\$60.00 per participant / week (All inclusive)

***There is no daily fee; only weekly**

****INTERMEDIATE/ TEEN ADVENTURES**

****NEW LOCATION.** Our Intermediate / Teen Program will continue again this year for ages 10 -15 year olds. Participants will be grouped by ages Intermediate: 10 -12 year olds and Teen: 13-15 year olds. Participants will have choices built into a structured day. Activities will be preplanned to a certain extent, allowing room for participant input once the summer begins. Activities will still include sports', arts and crafts, and adventure. Join us for a sensational summer.

DATES: Mon., July 6, - Aug., 14, 2009

INTERMEDIATE ADVENTURES: 10 – 12 years old

TEEN ADVENTURES: 13 – 15 years old

TIME: 9:00 a.m. -3:00 p.m. ** SITE: Barrett Park****

COST: *\$65.00 per participant / week (All inclusive)

***There is no daily fee; only weekly**

“SPORTSMANIA” PROGRAM

Get up, get going, and get active this summer with Leominster Recreation Department and F.A.S.T. Athletics in the Sportsmania program. A variety of sports and non-traditional games such as: soccer, basketball, pillow polo, dodge ball, capture the flag and kickball, to name a few, will be offered daily for children ages 8 – 12. Each day will begin with proper stretching and brief running followed by relay races and other exciting warm up games.

If that's not enough fun, at the end of each day, a tournament will be played! If you love having fun and staying active - this is the program for you

DATES: Mon., July 6,- August 14, 2009

TIME: 9:00 a.m. – 3:00 p.m. AGES: 8 – 12

SITE: Northwest School COST: \$75.00 per week (all inclusive)