



LEOMINSTER RECREATION DEPARTMENT 2011/2012 FALL/WINTER BROCHURE



GENERAL INFORMATION

Welcome to our fall and winter programs! The activities for the upcoming season have been expanded to meet the ever-growing needs of our community through the use of additional facilities, which will help us select suitable programs for the entire family. ***We have implemented a nut free, latex free policy for all programs as many of our children have severe allergies; therefore to ensure safety and comfort for all, we cannot allow any type of nuts and latex within the programs.*** It is our goal to offer quality recreation activities for all ages. These activities provide for a cooperative endeavor between the Leominster Recreation Department, the School Department, and the City of Leominster.

OFFICE

Leominster Recreation Department, 40 Barrett Parkway, Leominster, MA 01453
978 534-7529

Mail: Leominster Recreation Department, 25 West Street, Leominster, MA 01453

Judith Sumner, Director
Roland LaPointe, Jr., Maintenance Supervisor
Lisa Comeau, Administrative Assistant
Annmarie Sargent, Program Coordinator
Caryl L'Ecuyer, Assistant Program Coordinator

EMAIL/WEBSITE

E-mail: jsumner@leominster-ma.gov

Website: www.Leominster-ma.gov

MISSION STATEMENT

The mission of the Recreation Department is to provide a wide variety of recreational programs that the residents desire and request along with maintaining recreational property, facilities and equipment.

The Leominster Recreation Department reserves the right to correct any mistakes in this brochure. We also reserve the right to cancel any program because of low enrollment, poor weather, etc.

RECREATION COMMISSIONERS

Maureen Donatelli Chair
Jeff O'Neill, Vice Chair
Lionel (Sonny) Charpentier, Thomas Bissonnette
John Ciccolini, Patricia Caisse, Douglas Cormier

Leominster Recreation Department Facilities and Policies



FACILITY LOCATIONS

Doyle Field	206 Priest Street	Barrett Park	40 Barrett Parkway
Arthur A. Fournier Park	525 Litchfield Street	Prospect Park	321 Prospect St.
Carter Park	125 Main Street	Third Street Playground	163 Third St.
Johnson Street Playground	95 Viscoloid Ave	Johnny Appleseed School	845 Main St.
Fallbrook School	25 DeCicco Dr.	Northwest School	45 Sterns Ave.
Samoset School	100 DeCicco Dr	Southeast School	95 Viscoloid Ave.
Priest St. School	115 Priest Street	Bennett School	145 Pleasant Street
Leominster High School	122 Granite Street	Carter Jr. High Field	261 West Street
Lassie League Fields	20 Bassett Street	Bachand Little League Field	140 -12 th St.
National Little League	45 Sterns Ave	Justin DeSantis Little League	40 Bernice St.
Leominster State Pool	111 Viscoloid Ave	Sky View Middle School	500 Kennedy Way

MEDICAL POLICY

The City of Leominster Recreation Department will not prohibit any person’s participation in an activity due to a medical condition or handicap, unless such condition is likely to cause injury to those individuals or other participants in that activity. A participant, who has been notified by a qualified medical professional, that he/she has a medical condition that is likely to cause injury to themselves or other participants, is obligated to inform the Leominster Recreation Department. This should be done at the time of registration and willingly withdraw from the program and/or activity if requested by the Department. You must also sign a release form for any activity you may be participating in and release the Recreation Department from any responsibility if an accident were to occur.



•ALL PROGRAMS ARE NUT FREE / LATEX FREE•

REGISTRATION INFORMATION

Walk-in registrations begin on September 12, 2011. Our hours are Monday – Wednesday & Friday, 8:30 a.m. - 4:00 p.m., and Thursday 8:30 a.m. - 5:30 p.m. Registrations are done on a first come first served basis with priority given to Leominster residents. The Recreation Department reserves the right to cap the registrations for any program based on availability of personnel, facilities, or any other factors affecting the programs. **All registrations are *NON-REFUNDABLE.**

Mail-in Registration
Leominster Recreation Department
25 West Street, City Hall
Leominster, MA 01453

****ALL registrations are non-refundable unless:***

- 1. The Recreation Department cancels a program.**
- 2. You mailed in a registration and no openings exist.**
- 3. *You request to withdraw from a program in sufficient time that a replacement can be found and no costs have been incurred because of you.**

****A \$20 processing fee will be charged if a refund becomes necessary. Please make note of this important policy.***

REGISTRATION POLICIES – Read Carefully

- Registration is done on a first- come, first serve basis, with priority given to Leominster residents. The Recreation Department reserves the right to cap the registrations for any program based on availability of personnel and facilities or any other factors affecting the programs.
- **Non-residents wishing to register** for a non-trip program will be allowed only if space permits, with **a \$5.00 increase in fee.** Non-residents will be placed on a waiting list and notified when space becomes available.
- For a trip program, a deadline will be set for six (6) weeks prior to the scheduled trip for residents to have priority over non-residents. After the deadline, registrations will then be open to everyone for one week. If the trip is not filled to capacity, it may be cancelled at that point and all money will be refunded. It is important to register early to ensure that a trip will take off.
- If registration is received by mail and there are no openings in that program, you will be put on a waiting list and contacted by phone. We will return your checks if no openings arise.

There is a \$25 service charge for all returned checks.

SPECIAL EVENTS

JOHNNY APPLESEED FESTIVAL

DATE: Saturday, September 24, 2011

TIME: 9:00 a.m. – 5:00 p.m.

Downtown Leominster will be celebrating Johnny Appleseed with a festival, with numerous activities, booths, crafts, moonwalks, foods, performers, and more! Spend the day with family and friends at this annual event!!

Contact Richard Marchand at 978-660-2313 for event info.

HAUNTED TRAIL

The Leominster Recreation Department will reenact a haunted trail at Barrett Park. You may even find out more than you wanted to know. If you like Halloween, in general, and being spooked, then don't miss out!!!

DATES: Two weekends this year

Friday, October 14 and Saturday, October 15

Friday, October 21 and Saturday October 22

TIME: 7:00 p.m. – 10:00 p.m. COST: \$10.00 per person

HAUNTED TRAIL VOLUNTEERS NEEDED

We are in need of volunteers to help build sets, paint, clear the trail, and make costumes, make-up and more. If interested please check out our FACEBOOK page or contact the Leominster Recreation Department at

978-534-7529. We will be hosting the event for two weekends this year

HALLOWEEN PARADE

Once again, join us for a Halloween festival with tricks, treats, a parade and more! Dress in your favorite costume as we parade through downtown, and trick or treat to local businesses. There is NO theme this year, use your own creativity. It is a traditionally safe way to celebrate the day.

DATE: Saturday, October 29, 2011

TIME: Meet at 2:00 p.m. (Walgreen's Parking Lot)

SITE: Downtown Leominster COST: Free

HOLIDAY STROLL -DOWNTOWN LEOMINSTER

Please join us for some fun, holiday cheer and lots of great activities as we kick off the holiday spirit at the downtown stroll.

DATE: Saturday, December 3, 2011

SITE: Downtown Leominster

TIME: 2:00 pm Stroll; 6:00 pm Mayor's Tree Lighting

AGES: Everyone

NORTH POLE CALLING

In conjunction with the Leominster Senior Center, children have an opportunity to speak directly to Santa Claus at the North Poles. Flyers will be distributed through the schools to register or you can call the Leominster Recreation Department.

DATE: Tuesday, December 13, 2011 (Snow Date: December 14, 2011)

COST: \$3.00 per family

AGES: 3-6

BARRETT PARK ACTIVITIES

Barrett Park is available to groups and families who wish to hold small gatherings at the park. Groups must fill out a facility request form and submit a required \$25.00 reservation fee. A refundable \$100.00 security deposit is required. Your deposit will be returned if Barrett Park policies have been followed; please contact the Recreation Department for policy details. If a percentage of this security deposit is required to pay for services or repairs, it will take approximately two weeks to issue a check for the balance due. Barrett Park is a great location for you and your family to enjoy year round.

NEW BUILDING AT BARRETT PARK RENTAL

The new building at Barrett Park is fully accessible which holds 50 is now available for rental. This room can be used for birthday parties, showers, conferences, workshops, banquets, etc. The policies for acquiring this room are to call the Recreation Department office at 978-534-7529 and fill out a hall rental contract form. The rental fee is \$125.00 for the event with a \$100.00 security fee deposit. If the rules are followed and the place is clean and no damage the security deposit will be returned within two weeks of your event. New bathrooms, a deck, nice view and large play area are just some of the benefits. It is available during spring and fall and during department office hours. Please call for more information.

CROSS-COUNTRY SKIING OR SNOWSHOEING

Put your cross-country skis on or snowshoes and enjoy the Winter Wonderland at Barrett Park or Prospect Park. Both parks are ideal for outdoor group outings or family parties. Please call the Leominster Recreation Department for additional information.

FREE ICE SKATING ON BARRETT POND

The Recreation Department will be clearing the ice on Barrett Pond and lighting it for night skating. It will be lit until 9:00 p.m. during the skating season. Skating will begin once the ice meets the required thickness for safe skating. We ask that you *watch for the "NO" SKATING" signs* and please use all precaution while on the ice. Those areas not cleared are not to be used for skating. For more information on skating and conditions, please listen to the radio, look in the newspapers, or call the Leominster Recreation Department Office.

ICE SKATING PARTIES WITH BON FIRES AT BARRETT PARK

DATES: Friday, January 13, 2012

Wednesday, February 22, 2012

TIMES: 6:30 – 9:00 p.m.

Free to the public, concession stand available.

EASTER EGG HUNT

The Easter Bunny invites all children, ages 2-6 to celebrate springtime and join the annual search for eggs hidden at Barrett Park. Special eggs are hidden within the property and can be turned in to win special prizes. The Easter Bunny will make a special appearance during the hunt.

DATE: Saturday, March 31, 2012

SITE: Barrett Park, Leominster Recreation Dept

TIME/AGES: Hunt lasts about 1 hour

Hunt begins promptly at 10:00 a.m. For Children Ages 2-6 (*Different from the past. Only one hunt this year.)

FISHING DERBY

Join us for our annual fishing derby for youths' ages 14 and younger; children under 12 years of age must be accompanied by an adult. Refreshments and bait will be available for purchase. Please bring a bucket for fish caught and a bait container. There is a three trout limit

The derby is sponsored by the Leominster Recreation Department, local businesses and contractors, and The Massachusetts Division of Fisheries and Wildlife. A great weekend activity! Prizes awarded at 11:15 a.m.

DATE: Saturday, April 14, 2012

SITE: Barrett Park Pond AGES: 14 and younger

TIME: 7:00 a.m. – 11:00 a.m. COST: Free entrance; Refreshments and bait available for purchase.

YOUTH & ADULT CLASSES

Pottery Classes

Clay Classes for Both Adult and Children

Classes will be taught by Colette A Shumate-Smith, Artist and Muralist. Colette has a MFA from Boston University in Ceramics. She has taught Art and Ceramics in the area for a number of years. Colette is best known locally for her Murals at Northwest School. Her work is exhibited at the Art Center in Leominster. She has taught at Dartmouth Children's Museums and Middle School Art for ten years.

Clay projects large and small. Ever wanted to make a bowl or a vase? Always wanted to create a clay project but did not have the facility or know how to begin. Clay projects Large and small is the perfect group of classes for you. We provide clay, glaze and firing facility. Other supplies will be available as needed. This is an introductory class meant to inspire you to work further.

This class is geared to Adults in the neighborhood in the afternoon and students 8 and up. The state of the art facility is below the Recreation Department's new building at Barrett Park. Space is limited to 10 students. Cost is \$40.00 per class. A glazing session will be held on October 26th (2:00 – 5:00 p.m. for children & adults) and pick up of finished work will be November 9th 2:00 – 5:00 p.m. for children & adults)

Classes: (All classes include Oct. 26th glazing & Nov. 9th pickup)

September 14th Make a Fruit Bowl

September 21st Make a Vase

September 28th Clay Boxes

More pottery classes will be added if these are a success.

Times:

Adults: 1 -3 p.m.

Children ages 8 and up: 4 – 6 p.m.

Site: Barrett Park Pottery Room located in basement of New Building.

GENTLE STRENGTH YOGA FOR ADULTS AND CHILDREN

Come join us for a fun filled fitness experience. Yoga provides a series of movements that involve bending and balance. Yoga is effective in treating asthma, osteoarthritis, heart disease, stress related illnesses, anxiety and mood disorders. This will be a relaxing environment for both adults and children and you will leave in shape and wanting to do more exercise on your own. We can be as flexible as possible with times for the children's classes. Carleen O'Neill will be the instructor. She is a trained Yoga instructor.

Peggy Cappy (well known from Channel 2 and for her yoga Video's) recently trained and certified Carleen on teaching yoga to students with arthritis and other physical ailments.

ADULT CLASSES:

DAYS: Wednesdays

DATES: September 21 – October 27 Session I

TIMES: 5:45 – 6:45

SITE: Barrett Park New Building

COST: \$60.00 for six week program

CHILDREN'S CLASSES:

DAYS: Tuesdays

DATES: September 20 – October 26 Session I

TIMES: 4:30 – 5:30 p.m.

SITE: Barrett Park New Building

COST: \$60.00 for six week session

YOUTH PROGRAMS



The Leominster Recreation Department along with FAST Athletics will offer after school programs at the different elementary schools. This after-school program will include stretching, exercise and gym related activities; all to promote physical fitness as well as creating a safe, non-threatening environment for children of all backgrounds. It is meant to be a fun, friendly program for children teaching them sense of discipline, teamwork, and most importantly fair play.

It will run once a week at elementary schools (to be determined once school starts) for one hour after school. The FAST Athletics group will meet the children participating in the program right after the school dismissal and will spend one hour with them. This program will begin, once the children have settled into the new school year. The Recreation Department office will be sending home flyers via your child's school.

SCHOOL: Johnny Appleseed School **Grades:** K-5

TIME: After-school; for 1 hour: 2:45 – 3:45 p.m.

COST: \$90

Session 1: *Fridays - Sept. 30, Oct. 7, 14, 21, 28 Nov. 11, 18, Dec. 2*

**No class week of Nov. 23rd due to Thanksgiving*

BABYSITTING COURSE WITH “RED CROSS”

Are you interested in becoming a certified babysitter? We are very fortunate once again to be working with the Red Cross to run this wonderful program. You will learn how to handle certain situations, develop emergency procedures, and provide activities to children. You will be required to attend the entire session of training to receive a certification card from the Red Cross stating you successfully completed the course. **(Limited to 10)**

DATE: October 1, 2011

TIME: 9:00 a.m. – 3:30 p.m.

PLACE: Barrett Park -New Building

AGES: 11 – 15 **COST:** \$70.00 per person

WINTER BASKETBALL PROGRAMS

Registrations will be accepted beginning September

*12th and ending October 28th. **THE DEADLINE IS OCTOBER 28, 2011.** Register by completing the form in this booklet and mailing it along with a check payable to the Leominster Recreation Department or stopping by the office.*

MITE BASKETBALL LEAGUE

BOYS AND GIRLS

The Mite Basketball league features two divisions for boys and two divisions for girls for the beginning player with emphasis on basic skills, fundamentals, and enjoyment of the game. During the season, each child will be given an equal amount of playing time to work on these skills. The program begins in November and runs through February.

GRADES: 1 & 2 (Pee-Wee Division)

3 & 4 (Junior Division)

COST: \$60.00 per person

GAMES/PRACTICES: TBD based on availability of schools and gyms and coaches schedules.

DEADLINE TO REGISTER: Friday, October 28, 2011.

****MANDATORY DRAFT
FOR GIRLS & BOYS BIDDY
AND INTERMEDIATE LEAGUES. **
At Leominster High School**

Draft Check In: 6:00 p.m. // Draft Begins 6:30 p.m.

- Monday, November 7 - Boys Gr. 7/8
- Tuesday, November 8 - Boys Gr. 5/6
- Wednesday, November 9 - Girls Gr. 5/6 -7/8

BOYS BIDDY AND INTERMEDIATE LEAGUE

The biddy and intermediate leagues are very popular programs that emphasize on basic fundamentals, strategy, and teamwork. The program is designed to give all players equal playing time while making new friends. The league is divided into two divisions by age. Grades 5-6 will be in the boy's biddy division and grades 7 and 8 will be in the boy's intermediate division.

GRADES: 5 & 6 (Biddy Division)
7 & 8 (Intermediate Division)

COST: \$60.00 per person

GAMES/PRACTICES: Games / Practices TBD

DEADLINE TO REGISTER: Friday, October 28, 2011.

GIRLS BIDDY AND INTERMEDIATE LEAGUE

The biddy and intermediate leagues are moderately competitive with emphasis placed on teaching basic basketball skills as part of an organized league where each girl plays at least half a game. The league is divided into two divisions by age. Grades 5-6 will be in the girl's biddy division and grades 7 and 8 will be in the girl's intermediate division.

GRADES: 5 & 6 (Biddy Division)
7 & 8 (Intermediate Division)

COST: \$60.00 per person

GAMES/PRACTICES: Games/Practices TBD.

DEADLINE TO REGISTER: October 28, 2011

GIRLS AND BOYS TEEN BASKETBALL LEAGUE

The Teen Basketball league is designed for players in grades 9-12. You do not need to be a basketball star to play. All High School team players are ineligible to play in this league. The league is divided into two divisions, one for girls and one for boys. At least four teams are needed for each division to run. Player and spectator conduct policies have been implemented into this league. All participants must sign this policy during registration. Registration begins October 6, 2011. *No registrations taken at draft this year unless space is available. You must bring payment with you.*

GRADES: 9-12 **COST:** \$60.00 per person

GAMES/PRACTICES: TBD based on gym availability

MANDATORY DRAFT:

PLACE: Skyview Middle School

DEADLINE TO REGISTER: January 12, 2012

SPORTS PROGRAMS FOR SPECIAL NEEDS CHILDREN

We will be holding sports programs for Special Needs children beginning December 12 and run through spring time with t-ball outdoors. This program will include a half hour practice and a half hour game each week. It will run at Northwest School on Monday nights from 6:00 – 7:00 p.m. Registrations will be taken at the Recreation Department office. This program will offer a chance to learn some basic skills in basketball, tennis and t-ball. We are looking for parent and student volunteers to assist with this program. We will not run the program on holidays or school vacation weeks. T-ball will be held at Barrett Park back field and tennis will eventually move outdoors to the Doyle Field tennis courts.

DATES: Monday, December 12 – May 21, 2011

PLACE: Northwest School

COST: \$50.00 for all three sports

ADULT EXERCISE PROGRAMS AT BARRETT PARK

There will be a Demo of each of the Adult Exercise classes on Thursday, September 15, 2011 beginning at 5:30. Please stop by and check them out or for more information call 978-534-7529. Zumba and Nia beginning at 5:30, Yoga will begin at 6:15 followed by Belly Dance at 6:45.

All classes listed here are limited so register early. We will also add sessions as we go along. Each session listed below is six weeks in length. We look forward to having you join one of our adult exercise programs.

REGISTER: Register at the Leominster Recreation Department office, 40 Barrett Parkway or mail a completed registration form with payment prior to the start of classes to 25 West Street.

YOGA

The stretching, bending, and balancing involved in the asanas (physical postures that are part of a yoga practice) help to align the head and spinal column; stimulate the circulatory system, endocrine glands, and other organs; and keep muscles and joints strong and flexible. Yoga programs have been shown to reduce the risk of heart disease by lowering blood pressure and anxiety levels. The breath control exercises, known as pranayama, emphasize slow and deep abdominal breathing. They benefit the respiratory system, help to induce a sense of relaxation, and are useful in pain management. Yoga is effective in treating asthma, osteoarthritis, heart disease, stress-related illnesses, high blood pressure, anxiety, and mood disorders. Carleen O'Neill, certified yoga instructor will lead the class. Peggy Cappy (well known from Channel 2 and for her yoga videos) recently trained and certified Carleen on teaching yoga to students with arthritis and other physical ailments.

SESSION I: September 21 – October 26 (Additional sessions will be offered if requested)

SITE: Barrett Park, (Rec Dept) *New Building

NIGHTS: Wednesdays

TIME: 5:45 – 6:45 p.m.

COST: \$60 or \$12 per class if space permits

NIA FITNESS PROGRAM “NEW”

Are you looking for a fitness class that gives you a blend of dance, aerobics, martial arts and yoga focusing on the joy of movement? Come experience Nia. Nia is danced barefoot.

Nia is a sensory-based movement practice that leads to health, wellness and fitness. The choreography includes 52 basic moves executed at varying speeds in different styles, including muscle-warming stances, heart-pumping karate kicks, free movement that encourages emotional expression, and poses that stretch, balance and align the body. Nia classes are taught for all ages and fitness levels.

The class will be taught by Jean DuPont, a Nia White Belt Teacher. She has been teaching group fitness classes in the Lunenburg and Townsend area for the past twenty years.

SESSION I: September 22 – October 27

SITE: Barrett Park (Rec Dept) *New Building

NIGHTS: Thursdays

TIME: 5:15 – 6:15 p.m.

COST: \$60 or \$12 per class if space permits (Participants are encouraged to bring a bottle of water)

ZUMBA

You will love this dance fitness program that combines Latin and international music with dance that makes exercise fun. The beats and tempo change, transitioning the workout from one toning, strengthening or cardio move to another, and targets every major muscle group in the body.

Jean DuPont is an experienced and certified Zumba instructor who has been teaching group fitness classes in the Lunenburg and Townsend area for the past twenty years.

SESSION I: September 19 – October 24, 2011 (Additional sessions will be offered if requested)

SITE: Barrett Park, (Rec Dept) * New Building

NIGHTS: Mondays

TIME: 5:00 – 6:00 p.m. p.m.

COST: \$60 or \$12 per class if space permits

ART OF BELLY DANCE

Have you ever wanted to learn the art of belly dance? Now's your chance! This class will offer an introduction to the basic elements of all belly dance. In it you will explore your body's potential for flexibility and muscle control and learn to execute isolated movements with fluidity and rhythm. Students will work toward building combinations of movement inspired by music from the Middle East. No experience necessary.

Please bring a scarf to wrap around your hips. Yoga pants, cropped or fitting top. Ballet shoes or socks for footwear. No sneakers.

This class will be taught by Julyana. Julyana is a multi-dimensional dancer who has taught and performed in Central Massachusetts for the past 15 years. She specializes in theatrical style belly dance, tribal improvisation and tribal fusion. She performs at local events including Northeast Belly Dance Association haflas, clubs, festivals, restaurants, parties and ATS troupe, OmBellyCo and the MetroWest troupe, The Velvet Moon Gypsies.

SESSION I: September 21 – October 12, 2011

SITE: Barrett Park (Rec Dept) *New Building

NIGHTS: Wednesdays

TIME: 7:00 – 8:00 p.m.

COST: \$40.00 or \$12.00 class

ADULT EXERCISE PROGRAM

Mary Jane Allain, certified instructor, will be offering a Pilates/Sculpting class at Barrett Park. This Pilates/sculpting class consists of Pilates based exercises as well as sculpting movements to create a total body workout. We will focus on strengthening the core muscles and toning all the major muscle groups. This class will improve your balance, posture, strength and stability. Participants are encouraged to bring a bottle of water and an exercise mat or towel for floor exercises.

Session I: September 20 –October 27 (6 weeks)

Session II: November 8 – December 22 (6 weeks)

(No class's week of Thanksgiving)

Session III: January 10 - March 1 (8 weeks)

SITE: New Building at Barrett Park

NIGHTS: Tuesdays and Thursdays

TIME: 6:30 – 7:30 p.m.

Cost: \$60



MOUNT WACHUSETT GPS SKI PROGRAM

The GPS Club is the least expensive way to ski or ride at Wachusett Mountain. As a GPS Coordinator, the Leominster Recreation Department will make skiing and boarding easy for you and your family! Being a part of our group will give you highly discounted rates on Century Passes and other services for your family, friends or fellow employees. You may ONLY join the GPS Club through a Coordinator. Be part of our Leominster Recreation Department Club today!

GPS Club Passes, 6 yrs and older:

Benefit	Price
GPS Gold Century Pass	\$539/\$639
GPS Silver Century Pass	\$289/\$389
GPS Bronze Century Pass	\$239/\$339

*First price listed is for purchase before 11/16/2011

*Restrictions Apply see www.wachusett.com for valid times.

CELEBRATION TOURS: Day Trips

These are some of the trips offered by Celebrations Tours for local Recreation Departments. Please contact the Recreation Dept for additional trips scheduled to take place and departure times and locations.

Sept. 23 – 25

New England Patriots Play the Buffalo Bills in Buffalo

Two trips available. For more information contact the Recreation Department.

Oct. 16 White Mountain Resort – Sunday Grand Buffet

All-You-Can-Eat Grand Sunday Buffet Brunch at the beautiful White Mountains Resort. One hour ride on the Conway Railroad; time for shopping in the North Conway Village.....\$79.00 pp.

Nov. 19 New York City Holiday Shopping

Full day to browse and shop at your leisure! Escorted..... \$69.00 pp.

Nov. 27 – 29 Atlantic City/NYC – Radio City Christmas Show

Accommodations for 2 nights at the Tropicana Hotel and Casino with bonus of \$20 slot; 2 Buffet breakfasts; 2 Buffet Dinners and Holiday Revue Show (Bonus subject to change by Casino – must be 21 years.) Reserved orchestra/first mezzanine seating for Radio City Christmas Show – a family favorite...\$319.00 pp.

Dec. 2 Holiday Pops- Providence Performing Arts Center

Enjoy the Boston Pops Esplanada Orchestra with Keith Lockhart conducting your Holiday favorites. Dinner buffet included at Davenport's Restaurant.....\$159.00 pp.

Dec. 3 – 4 New York City Holiday Overnight

Accommodations at the Hilton Garden Inn with breakfast included. Dinner included in NY at Sal Anthony's with reserved orchestra seat for the Radio City Christmas Show. Free time for Holiday Shopping at Rockefeller Plaza, Canal Street or Little Italy.\$369.00 pp.

Dec. 4 Christmas in Newport

Visit 2 mansions decorated for the holidays, ten-mile scenic drive, Brunch at Atlantic Beach Club, time to shop at the Brick Yard marketplace with a stop at the La Salette Shrine for their beautiful Holiday lighted display. Escorted.....\$89.00 pp.

Dec 18 Cirque Dreams “Holidaze” – Providence Performing Arts Center

Enjoy an international cast of over 30 multi-talented costumed artists perform astonishing feats of disbelief. Gingerbread men flipping; toy soldiers marching on thin wires; snowmen daringly balancing; icemen powerfully sculpting, penguins spinning; puppets dancing and reindeer soaring above a landscape of holiday wonderment. Original music, spectacular costumes in a setting of gigantic gifts and towering soldiers. Brunch buffet included at Café Paragon.\$149.00 pp.

**Trip flyers are available by calling the Recreation Department office
at 978-534-7529.**

WOMEN'S HIKING SERIES

The Women's Hiking Series, led by Judith Sumner and Deanne Comeau, offers hikes for women through Leominster Monoosnoc Hills or on various trails requested by the hikers once or twice a month. Additional hikes may also be offered at various times of the year. (Call 978-534-7529 for monthly updates and meeting points.) Hikers should wear hiking boots; bring water to drink, a light snack, binoculars, bug repellent and sunscreen.

<u>DAYS:</u>	Leominster Hikes are held the 2 nd Thursday of every month with additional hikes scheduled on various dates
<u>TIME:</u>	9:00 a.m. until approximately noon
<u>COST:</u>	Free (unless noted) - <i>Hikers gather informally and hike at your own risk</i> Please let us know if you are planning on joining us on each hike so we can notify you of any changes in the schedule. Please watch the local newspaper or call the Recreation Department at 978-534-7529 for an update on the hiking schedule.
Cancellations:	Hikes are canceled if it rains. Regular hikes will be held instead of x-country ski or snow shoe should there be a lack of snow.

Sept. 29 **Mount Monadnock, Jaffrey, NH**

Monadnock is said to be one of the most climbed mountains in the world, second only to Mt. Fuji in Japan. This hike will take us most of the day, but its well worth the 100-mile views of the surrounding area at the 3,165 foot summit. (We will leave for this hike at 8:30 a.m. and carpool from the Barrett Park parking lot. Dogs are not allowed.)

Oct 13 **Watatic Mountain, in Ashburnham and Ashby**

Enjoy the colorful views from the top of this mountain. Meet at Barrett Park parking lot to carpool to the trailhead.

Nov. 10 **Elm Street Loop Trail**

This hike takes you on the Leominster Land Trust property under the Elm Street power lines for a great view of the N. H. mountain range and No Town Reservoir. It connects to the Monoosnoc Trail and to the South Monoosnoc Overlook then loops back to Elm Street.

Dec. 8 **Elm Street to Wachusett St. and Back**

This hike will take you by the Hanes Reservoir and through the harvested forest. You will have the opportunity to the City's forest management action plan.

Jan. 12 **Crotched Mountain, Greenfield, NH**

Crotched Mountain Foundation in Greenfield, NH built the state's first accessible train in a mountain terrain using universal design principles to provide access for everyone including those in wheelchairs and the increasing number of seniors who want to continue their enjoyment of the outdoors. The Crotched Mountain trail system is expected to become a national model for accessible recreation. Dress in layers for the weather.

Feb. 9 **Wachusett Greenway, West Boylston**

We will hike the rail trail beginning in West Boylston and travel gently uphill into Holden. This hike is between 3 – 4 miles depending on the distance hikers would like to walk. It is level and on a mostly stone dust base. This trail offers views of rushing water, woods, and self-guided signs at a historic mill. Dress in layers for the weather.

March 8 **Parmenter Road, Leominster State Forest**

We will carpool from Barrett Park to the Parmenter Road gate of Leominster State Forest on Elm Street. Come experience the fun of hiking on the trails through Leominster State Forest. Hike will start and end at this gate. Bring your own snack and water.

April 12 **Granite Street to North Monoosnoc Overlook**

This hike will start at the end of Granite Street to the trail head parking lot then over to the North Monoosnoc Overlook to see views of Pierce Pond, Lunenburg, sections of Fitchburg, east towards Boston, and the hills of N.H.

May 10 **Mary Albertson Trail**

This trail starts on Elm Street at the Morse Reservoir. It brings us to the Quarter-Mile Brook and footbridge, down to the Distributing Reservoir then looping around back to Elm Street.

June 14 **Laurel Lake, Erving State Park**

Erving State Park has trails for hiking and a beautiful lake for swimming. Bring your picnic lunch and bathing suit for after the hike. Return from this hike will be around 3:00 p.m.

July 12 **Rhododendron State Park, Fitzwilliam, NH**

This is NH's only botanical state park featuring a 16 acre grove of wild rhododendrons. A moderate bloom year is anticipated. This national natural landmark is one of the largest tracts of the hardy shrub north of the Allegheny Mountains on a universally accessible trail.