

LEOMINSTER RECREATION DEPARTMENT SUMMER PROGRAMS 2020

Due to the COVID-19 Pandemic and not being able to use any school facilities, the Leominster Recreation Department will be hosting a few small mini programs this summer instead of our All Day Summer Programs as in years past. As we move forward during these difficult times, we strive to make these programs safe and fun for the participants as well as our staff.

As we do this, we ask that you please keep your child home if he/she has any symptoms or has been in contact with someone who has the Corona Virus and call our office to let us know immediately.

The Mandatory Requirements for participation in any of our summer programs will be as follows:

- 1) The participant's temperature will be taken at drop off prior to parent/guardian leaving them at the program. If a participant has a temperature of 100.0 or higher, they will not be permitted to stay.
- 2) The participant must bring a face mask to be worn when in the buildings or in close proximity together. If your child does not have a mask, one will be provided. We will encourage 6-foot social distancing, through increased spacing, limited mixing between groups, and staggered drop off and pick up times.
- 3) If your child has difficulty following social distancing guidelines, he/she may be sent home from the program and no refund will be issued.
- 4) We will promote healthy hygiene practices such as hand washing. We ask that each participant bring their own small bottle of hand sanitizer if possible, labeled with their name on it. We will also have some available as well, especially for those programs that may not have access to hand washing.
- 5) Where feasible, we will adjust activities and procedures to limit sharing of items such as supplies and equipment. All frequently-touched surfaces will be routinely cleaned daily to reduce and prevent COVID-19 transmission.

All registrations are taken on a first come first served basis.

MOUNTAIN BIKING PROGRAM

If you like to be outdoors exploring the woods on a mountain bike, then this is the perfect program to try! Leominster State Forest offers a wide variety of terrain. We will navigate over rocks, roots, fallen trees, stumps, bridges and water. We ask that participants own their own front suspension or full suspension pre-inspected mountain bike, a certified helmet, and hydration backpack or H2O bottle and cage. Having an extra chain link, tire tube, and bike tools are important in case of a break down but are not mandatory. Please make sure to bring a snack each day." **Limited to 20 participants.**

DATES: June 22 – June 26, 2020

AGES: 10 – 15

INSTRUCTOR: Erin Van Tuyl

DAYS: Monday – Friday

COST: \$80.00 residents/\$90.00 non-residents

TIMES: 9:00 a.m. – 12:00 p.m.

DROP OFF/PICK UP: Elm Street entrance to Leominster State Forest

BASEBALL CLINIC

Whether you are a young beginner just learning the game or a middle school player ready to take your game up a notch, this baseball clinic is for you! This clinic is designed for ages 7-12 to help improve on the fundamentals of baseball and help fine-tune your skills. You will learn hitting, fielding, mechanics and sportsmanship. This clinic will be run by Richard Barnaby, Varsity Baseball Coach for Leominster High School and Dave Smith who has over 30 years experience coaching baseball, directing baseball camps for former Red Sox catcher, Rich Gedman.

Registration for this program will end June 22, 2020 for Session I and July 20, 2020 for Session II.

Participants must bring their own glove and a helmet if they have one. Please make sure to bring a snack and a labeled water bottle each day. Limited to 20 participants per session.

Session I

DATES: Monday, June 29 -Thursday, July 2
(Rain date Friday, July 3, 2020)

COST: \$100.00

TIME: 9:00 a.m. – 12:00 p.m.

AGES: 7-12

SITE: National Little League Field behind Northwest School

Session II

DATES: Monday, July 27 -Thursday, July 30
(Rain date Friday, July 31, 2020)

COST: \$100.00

TIME: 9:00 a.m. – 12:00 p.m.

AGES: 7-12

SITE: National Little League Field behind Northwest School

F.A.S.T. ATHLETICS MINI SPORTS PROGRAM

This program is a combination of warm-up games and sports such as soccer, kickball, and t-ball. It will ease children into learning the basics of all these great games as well as teaching them the importance of teamwork! Each class there will be new and exciting games planned for participants. Each day the participant will have the opportunity to work on a skill in one of the sports followed by team activities where the focus is on skills/sportsmanship/fun! Please make sure to bring a snack and a labeled water bottle each day.

Limited to 10 participants.

DATES: August 10 – 14, 2020

DAYS: Monday – Friday

TIMES: 9:00 a.m.– 12:00 p.m.

AGES: 4- 6

COST: \$100.00 per person

SITE: Barrett Park Field

F.A.S.T. ATHLETICS SPORTS PROGRAM

Get up, get going, get active with a F.A.S.T. Athletics Summer Sports Program. F.A.S.T. Athletics will offer a variety of structured sports and activities each day such as: soccer, mat ball, basketball, dodgeball, and kickball. The program will begin with proper stretching and warm-up games as well as learning basic skills of each sport, each day will end with a high energy game/tournament with the sport played that day. Please make sure to bring a snack and a labeled water bottle each day. **Limited to 10 participants.**

DATES: August 17 – 21, 2020

DAYS: Monday – Friday

TIMES: 9:00 a.m.– 12:00 p.m.

AGES: 7 - 12

COST: \$100.00 per person

SITE: Barrett Park Field

THE FOLLOWING 4 PROGRAMS WILL RUN FOR 5 WEEKS EACH AND WILL TAKE PLACE AT BARRETT PARK WITH PRIORITY GIVEN TO LEOMINSTER RESIDENTS

THE WEEKS ARE AS FOLLOWS:

Week 1 July 6-10; Week 2 July 13-17; Week 3 July 20-24; Week 4 July 27-31; Week 5 August 3-7

STEAM PROGRAM

STEAM is an educational approach to learning that uses Science, Technology, Engineering, the Arts and Mathematics as access points for guiding student inquiry, dialogue, and critical thinking. **STEAM** aims to spark an interest and lifelong love of the arts and sciences in children from an early age. Please make sure to bring a snack and a labeled water bottle each day. **Limited to 10 participants.**

This program will be offered weekly for the following 5 weeks from July 6 – August 7:

DAYS: Monday – Friday

TIMES: 9:30 a.m.– 12:30 p.m.

AGES: 8 - 12

COST: \$60.00 per person/per week

SITE: Barrett Park Upper Program Building and outside under a pavilion

MOVEMENT & ART PROGRAM

Part of the day will be doing stretching, balancing, dance with gentle movement and incorporating some yoga. The rest of the day will be spent creating an art project. Please make sure to bring a snack and a labeled water bottle each day. **Limited to 7 participants.**

This program will be offered weekly for 5 weeks from July 6 – August 7.

DAYS: Monday – Friday

TIMES: 8:30 a.m.– 11:30 p.m.

AGES: 8 - 12

COST: \$60.00 per person/per week

SITE: Barrett Park Lower Program Building and outside under a pavilion

FITNESS & SPORTS CONDITIONING PROGRAM

Get up, get going, and get active this summer with the Leominster Recreation Department. **If it rains, this program will be cancelled for the day. There is 1 rain day built in.** Please make sure to bring a snack and a labeled water bottle each day. **Limited to 10 participants.**

This program will be offered weekly for 5 weeks from July 6 – August 7.

DAYS: Monday – Friday

TIMES: 8:30 a.m.– 11:30 p.m.

AGES: 8 - 12

COST: \$60.00 per person/per week

SITE: Barrett Park Back Field

HIKING & OUTDOOR EXPLORATION PROGRAM

Get up, get going, and get active this summer with the Leominster Recreation Department. **If it rains, this program will be cancelled for the day. There is 1 rain day built in.** Please make sure to bring a snack and a labeled water bottle each day. **Limited to 10 participants.**

This program will be offered weekly for 5 weeks from July 6 – August 7.

DAYS: Monday – Friday

TIMES: 9:00 a.m.– 12:00 p.m.

AGES: 8 - 12

COST: \$60.00 per person/per week

SITE: Barrett Park (Drop off & pick up locations may vary but Mondays will always be at Barrett Park)